

Dear All,

Dr Zamar and the whole team at The London Psychiatry Centre would like to reassure all our patients that we are monitoring the evolving situation regarding COVID-19 (coronavirus) and are receiving updates as they are issued by the UK government and the Department of Health.

As the situation currently stands, we are open for patients and expect to remain open. However, we would ask that if you or someone you live with is experiencing symptoms to not attend the Centre, to stay home and call NHS 111 for further advice. If you are unsure of the symptoms of COVID-19 please see https://111.nhs.uk/covid-19.

Following the advice from the Prime Minister on the 16th March 2020, unless you are receiving rTMS or require monitoring for your condition, such as blood tests etc., please do not travel to the clinic, especially if you are aged 70 years or older. We will conduct your consultations via Skype or telephone. If you are unsure if you need to attend or wish to provide alternative contact details, please call the main office on 020 7580 4224 who will be able to advise if a consultation can take place via telephone or Skype.

We have not been advised of any medication shortages or delays in receiving medication. At this stage we would politely ask you not to panic order, request prescriptions when you are not due or stockpile your medication. Please continue to obtain your prescriptions as you normally would only when they are due.

Yours Sincerely

Dr Andy Zamar

Consultant Psychiatry and Medical Director